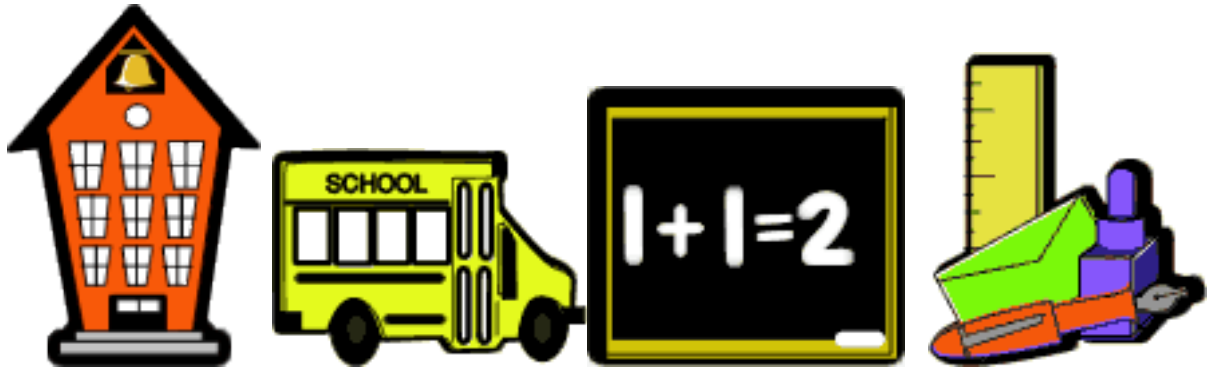


Friday Flyer October 26, 2007

Sheridan News



SOMETHING NEW IN THE CAFETERIA

Many students/parents have expressed an interest in having the Fruit & Vegetable Bar as a choice when eating home lunches. Quest F.M.S. agrees that you should be able to get those fruits & veggies too! We are now offering the fruit and veggie bar for all students. The cost is \$1.25 per person, per day. The students will line up and come through the hot lunch line when they would like the fruit & veggie bar. They will tell the cashier their name and that they are choosing the bar. The cashier will deduct \$1.25 from their account and give them a container to put their fruits and veggies in. Don't forget to set up your child's account by going online to MyNutriKids.com. You will need your child's ID number to set up the account. You can then view what choices your child is making in the cafeteria as well as managing their financial account from any internet accessible computer. If you have any questions please call our Food Service Office at 847-604.7476.

NOVEMBER 15 from 1:00 - 2:00 p.m., Beecher Room. HONORS MATH AND HONORS ENGLISH COURSES AT LAKE FOREST HIGH SCHOOL. QUEST PARENTS and any other interested parents - Thor Benson, Instructional Director for Mathematics, will talk about the Honors Math sequence at Lake Forest High School. Diane Clark, Instructional Director for English, will address the Honors English classes at LFHS. Both presenters will

discuss ways these courses challenge high ability learners at Lake Forest High School.

NOVEMBER 28 from 1:00 - 2:00 p.m., Beecher room. ASSESSMENT - CogAT and MAP Overview All interested parents K-8. Dr. Michelle Shinn, Cherokee Principal and Executive Director of Student Services K-8, will discuss CogAT and NWEA MAP testing in our school district.



SAVE THOSE PRECIOUS PICTURES

The Year Book Committee is collecting pictures for the 2007-2008 yearbook. Whether it is taken during school or at a school event, send it to the school office with the name(s) and grade.



STAR LAB VISITS SHERIDAN SCHOOL

As part of the study of our space unit in science, the 3rd and 4th grade students at Sheridan School had an out of this world experience! As part of their learning, students had a chance to investigate the solar system, and gain a better understanding of phenomena like seasons, eclipses and phases of the moon. the students learned how to identify stars and constellations as well as view the sky from all corners of the world.

COLD WEATHER REMINDER

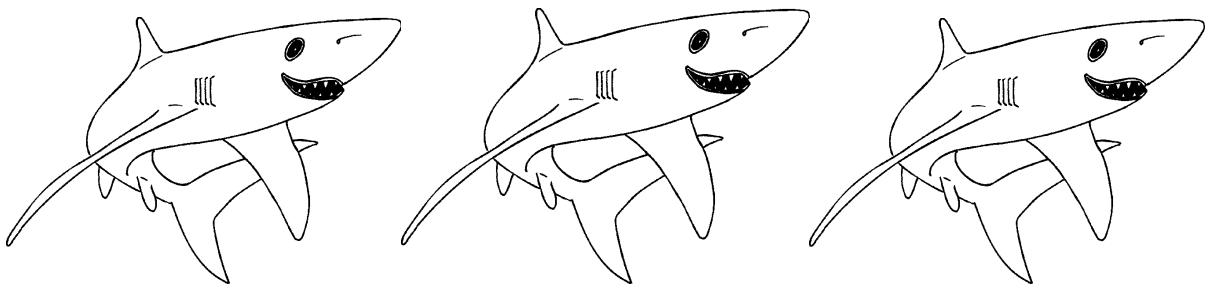
COLD WEATHER IS UPON US!! PLEASE BE SURE THAT STUDENTS ARE DRESSED APPROPRIATELY FOR THE WEATHER CONDITIONS. STUDENTS WILL BE OUTSIDE FOR RECESS EVERYDAY UNLESS IT IS RAINING OR THE TEMPERATURE DROPS BELOW 10 DEGREES. WARM COATS, HATS AND ALL TO SOON, GLOVES/MITTENS ARE SUGGESTED. PLEASE LABEL ALL CLOTHING.

Visiting Author Bill Buczinsky

Spirit of 67 Foundation is pleased to welcome back poet, author and performer Bill Buczinsky as part of our Visiting Author program. He will be at Sheridan School October 25th - 31st to conduct poetry workshops in each classroom kindergarten through fourth grade. On his last day at Sheridan, Bill will also lead an assembly for grades K - 2 from 8:45 - 9:45 am, and for grades 3 & 4 from 10:00 - 11:00 am. Parents are welcome to attend and share in the fun of the game of poetry!

You can experience Bill's poetry on his CD, *Kiss the Fish*, and in his books, *Pied Poetry* and *Strange World – A Poetic Journey*. Both may be purchased by accessing his website directly at www.achildsvoicepoetry.com.

Help needed!!!!



We are looking for someone to help copy and distribute Shark Tales (only three times a year). Thanks.

Lake Forest School District 67 Kindergarten-Fourth Grade Parent Book Study

When: October 30, 2007

Time: 12:30 p.m. - 2:30 p.m.

Where: Beecher Room - Administration Center

Facilitator: Colleen Brueggeman, Director of Gifted Services K-4

If you have always wanted to join a book study, now here is your chance. Everyone interested is welcome to come! The book we will be discussing is "Perfectionism-What's Bad About Being Too Good," by Miriam Adderholdt, Ph.D. and Jan Goldberg. If you would like to borrow a copy of this for our book study, fifteen copies will be made available on a first-come basis.

You can pick up your borrowed copy at the front desk in the Administration Center. Please be ready to discuss the Introduction, Chapter One, and Chapter Two on October 22nd.

Come join the fun and help discuss this important topic.

I will continue to post this reminder as new subscribers are logging on to the Sheridan Listserve daily. At our last APT meeting I had mentioned that the pick up/drop off procedures were going well. Please make sure you do not drop off your children until 7:40. We do not have supervision until that time and the children cannot be on the playground unattended. Our number of walkers/bike riders has increased. For safety reasons they will not be dismissed until the busses have left. If you need to pick up your children, please use the front driveway. The city prohibits parking and or picking up on Spruce. We are not able to supervise cars and children that do not use our pick up procedures.



Thanks to all of you that have submitted your emails to the Sheridan Listserve. We are up to 200 and still growing!!! We will be sending hard copies until the week of November 26th. Laptops will be available during Conference times or you can give the office a call for assistance.

Again the site for the listserve is www.lfelem.lfc.edu/schools/listserve/html

Due to questions about the policy on snacks at school, the wellness committee has issued a clarification to the information you received this summer from Dr. Griffith. If you did not get that communication, please contact the office.

We would like to make a clarification regarding the Healthful Food and Beverage. Options for School Functions list that was sent to District 67 families in August. The list that was compiled by the Local Wellness Policy Committee is consistent with the Dietary Guidelines for Americans and should be used as the primary resource when selecting food/beverage options for your child's classroom. In the event that there is a student with a severe allergy in your child's class, we ask that you communicate with the school nurse to make sure your snacks are safe for everyone in that class. If you have any questions regarding this clarification, please contact your school's principal.

LOCAL WELLNESS POLICY COMMITTEE

Upcoming Events

10/25-10/31-Bill Bucinsky
10/26-APT Monster Mash Halloween Party 6-8
10/30-4th Grade Social Studies Museum Express
11/2-Sheridan Spirit Day
11/4 Daylight Savings Time begins
11/8 APT/Parent Coffee
11/9-Institute Day-no school
11/15-Family Reading Night
11/20 & 11/21 Parent/Teacher Conferences
11/22 & 11/23 Thanksgiving Holiday
11/27-1st grade SSME

In addition to our Friday Flyer, you can visit our new on line website <http://debfeeney.wikispaces.com> Copies of flyers and community events will be listed on my wiki. Click the link labeled Downloads to get this timely information.



COMMUNITY EVENTS

The District 67 Community Service Annual Book Drive starts Monday, October 29th through Thursday, November 8th. We are collecting children's books for Kindergarten-8th grade to benefit local schools & organizations to help ensure that every student (and their siblings) will have a book to share with their family on Family Reading Night. This drive also helps enlarge school libraries & classrooms that are currently provide limited reading & research materials. Please drop off all donated items to the lobby of your child's school. The books will be distributed by our APT Community Service Representatives & the Volunteer Center to Oak Terrace School in Highwood, North School in North Chicago, Women's Residential, A Safe Place, and the Big Brothers & Big Sisters organization.

CROYA Grand Opening - Come celebrate with us and watch CROYA in action. CROYA Grand Opening, Sunday, November 4 from 1:00 - 4:00p.m. (Dedication Ceremony at 2:00 p.m.), CROYA Student Union, 400 Hastings Road, 847-615-4304. Open to the whole community. Thank you for making our dream come true!

Scouts Boys' Lacrosse Clinics - 4th through 8th Grades, Saturday, December 8, 2007, 10:00 am - 12:00 pm and Sunday, January 27, 2008, 3:00 pm - 5:00 pm at the Lake Forest High School East Campus Field House. Questions? Please call Carla Seidel at 847-234-5831 or email carlaseidel@aol.com

- ◆ Lake Forest Parks and Recreation Department Programs - Don't miss these great fall programs!
 - House League Basketball
 - Satellite
 - Volleyball Clinics
 - Ice Skating
 - Halloween Workshops
 - Fused Glass Workshops
 - Mosaic Workshops

See the complete flyers www.lfelem.lfc.edu/community_info.htm or go to our website at www.lfrec.com to view and sign up today!

- ◆ Lake Forest High School Community Sports is now offering a series of volleyball clinics for boys and girls between 1st and 6th grades. The program descriptions are:

Nexus Mini's - 1st and 2nd Grade
 Monday and Wednesday, 6:30 to 7:30 PM
 \$100 Clinic Fee (includes t-shirt)
 5 Week Program starting October 29, 2007

Nexus Darts - 3rd and 4th Grades
 Monday and Wednesday, 7:30 to 9:00 PM
 \$150 Clinic Fee (includes t-shirt)
 5 Week Program starting October 29, 2007

Nexus Youth - 5th and 6th Grades
 Monday, 7:00 to 8:00 PM
 Wednesday, 6:00 to 7:00 PM
 \$400 Clinic Fee (includes t-shirt)
 10 Week Program starting December 1, 2007

Questions: www.lfhs.org, click on Athletics, Community Sports, Nexus Volleyball or email Paul Zickert at NexusVC@comcast.net or call 847-414-9337.

- ◆ The Lake Forest Parks and Recreation Department is offering Saturday and Wednesday morning Learn To Skate Classes. There is also a Family Skate session from 10:30-11:00am giving you the opportunity to spend some time with your kids on the ice. Private lessons and make-up classes are also offered from 10:30-11:00am. Classes take place at Lake Forest College Ice Arena located at the intersection of Maplewood & Sheridan.
- ◆ The Fall session runs from September 29th- December 15th, 2007. The Winter session begins on January 9th and runs through March 1st, 2008. You can register now at the Lake Forest Recreation Center, fax in a registration form to 847-615-4251, or sign up at www.LFrec.com. For more information, call Edward Gudas, Program Supervisor, 847-615-4386.
- ◆ The Lake Forest Parks and Recreation Halloween Party - PreK through 3rd Grade. You don't want to miss this event. There will be lots of refreshments and

treats for all. Entertainment, games and a haunted castle will provide plenty of fun for Lake Forest preschoolers through 3rd graders and parents. There is no admission fee. A detailed flyer is available at www.lfelem.lfc.edu/community_info.htm. This event is co-sponsored by Lake Forest Parks and Recreation Department, Lake Forest Bank and Trust and the Lake Forest Police Association. Sign up today!

- ◆ Game On! A sports camp for girls headquartered at Lake Forest College will host a free clinic featuring players and staff from Chicago's own professional women's basketball team the Chicago Sky. Girls will enjoy great coaching and basketball fun, autograph opportunities and a chance to interact with Sky players and staff. Questions? Call 847-229- 9959, or go to www.lfelem.lfc.edu/community_info.htm.